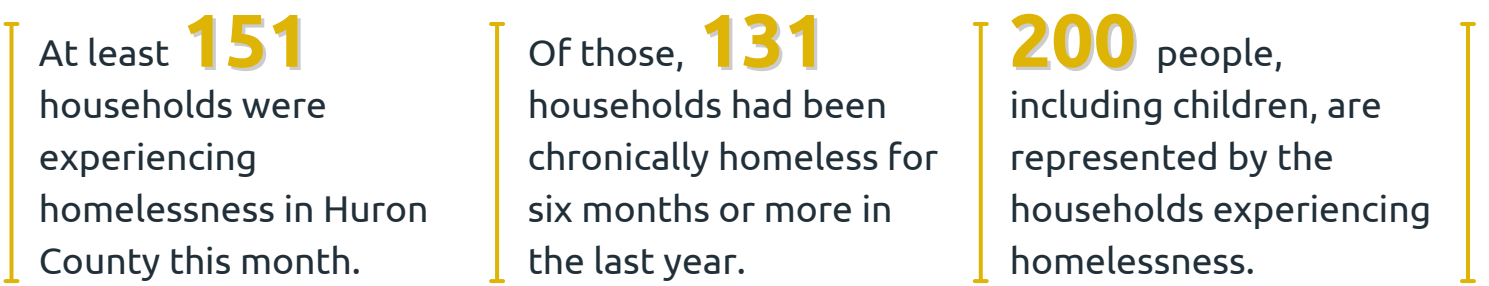


# Huron Housing and Homelessness Monthly Share-Out

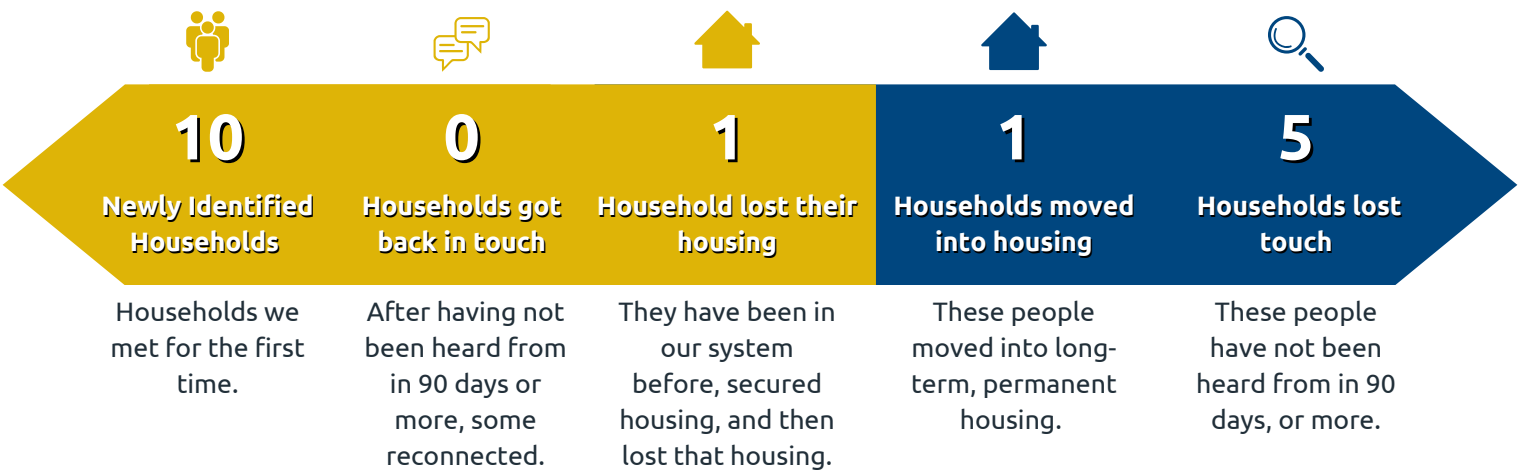
September 2025

Previous Month's Share-Outs

Huron's Housing and Homelessness Serving System is a group of agencies and programs that coordinate to provide housing and support to people experiencing housing insecurity and homelessness.



**Inflow:** People entering homelessness.      **Outflow:** People exiting homelessness.



## Population Specific Data



\*Numbers In This Report Only Represent Households That Are Active and Consenting To Being On The Huron County By-Name List\*



Art Group



Shared Experiences



Whys of Addiction



Inked Inspirations



Wellness Group



TED Talks Group



Strengths in Action



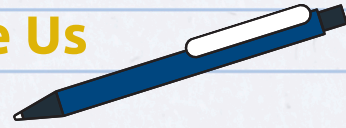
Life Skills

CMHA Huron Perth - Bridge Housing | Group Programming

COMMUNITY  
PROGRAM  
SPOTLIGHT

## The Stories that Move Us

*Creative Writing in Action...*



"When I'd take a hit, I would try to lie to myself, one more hit I'd say, one more hit will help me feel okay. One more hit than I realized I ruined another day, one more hit I contemplate, I shut the world out, I lock myself away.

It's been a year, and I am losing myself every day. All those hits never seemed to help in any way. In concept, I need stitches, not another band aid. I'm trying to look for a solution, but the hole's stretching wider, and my dreams are going even further away. The wound isn't healing; it just gets worse each and every day. Few times I thought it was healing, it would scab over but then I'd lose faith, and I'd rip the scab off, pretending I'm okay. I need stitches before it never heals, and I lose too much, and I'm stuck this way. It's like as if I caught an infection with no possible cure.

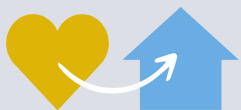
Addiction is a killer going after everything and everyone you hold onto so dear. If I keep going, I'll be left broken with regrets and sorrow. Nothing but tears. I want to be the change; I truly do, so this is why I share this story with you. Sometimes I feel broken, even when I'm strong. I'm sick of being a broken record, lies are nothing but a bad song. But, with help from CMHA, I'm building myself back up to be strong.

All of this is from the heart, so I appreciate your open ears while we all fight to go on. Because in a perfect life I would be able to accept me for me. I'd be loved and heard by many, the world wouldn't be full of greed. We are still good people; we shouldn't be starving from compassion, surviving like a jungle in these streets, we all got demons on our shoulders the average person can't see, the world is spinning surrounded by evil it may be. I can feel the tension all around as far as the eye can see. I often feel empty thinking this life ain't for me. So, in a perfect life I'd have no demons following me. They're creeping in the shadows and locked beneath the skin. So, in a perfect life, we could all be comfortable in our own skin, feeling like every day we breathe, is in another day we win.

I hate looking in the mirror knowing my biggest enemy is here. So, we need to lead with example; we are strong, we have nothing to fear. So, if you feel the same way as me; you feel stuck, like you can't breathe, then slowly just breathe with me and hold on tight. Help me spread the word of recovery, be somebody's candle, a light to help guide others through the dark, cause it gets lonely in the shadows of your heart."

**This poem was written by a participant in the Inked Inspirations Group at CMHA Huron Perth.**

**When everyone has a safe and affordable place to call home,  
our whole community benefits.**



**Be Part of the Solution.**

**Say YES to supportive and affordable housing in your neighbourhood!**

